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| Impact Categories | Dec. 23 | Dec. 28 | Dec. 29 | Dec. 30 | January 2. |  |
| Landfill Materials | Muffin wrapper: 11:30 am  Threw out 1/8th of a lemon, 7 dry pork ribs and FST-99 foam hinged container: 12:33 pm  Orange peels: 1:28 pm | Ate some things that came in packaging but did not fully deplete and thus did not throw away | 4:22 pm threw away banana peel. |  |  |  |
| Recycling | Tasimo 153-gram large container: 12:58 pm  Small paper plate, fruit cup container, two 222 ml coke cans : 7:15 pm |  |  | Threw away two bins of recycling. |  |  |
| Water Usage | Had a 5 minute shower at 3:23 pm  At 7:20 pm drank ~900 ml of water.  At 9:30 pm drank ~900 ml of water.  12:32 am ~900 ml of water. | Drank 1 ½ cups of ginger ale at 4 pm. Had a bath at 6 pm. Had a shower at 8:06pm for 6 minutes. | Drank 800 ml of water at 11:13 pm.  Flushed toilet 1:09 am. | Showered from 4:59 pm to 5:05 pm.  8:20pm drank ~900 ml of water. Drank ~850 ml of water at 12:54 a | Drank at least 1 liter of soda |  |
| Electricity | 11:30 am to 2 pm ran laptop.  7 pm to 12:20 am ran computer | 2 pm to 5 pm was on computer. 6pm to 8pm was on phone.  ~10 pm to 2:55am watched basement tv | ~4:30 pm watched basement tv to 7:30pm  Ran computer from 8 pm to 4:41 am. | Ran computer from 6 pm to 2 am | Ran phone from 3:45pm to 4:45 pm  Ran computer from 4:45 pm to 7:30 pm Ran computer from 11pm to 5 am. |  |
| Fossil Fuel Consumption | Rode buick enclave for ~26 minutes at ~6 pm |  |  |  |  |  |